

**I WANT TO KNOW HOW WELL I AM PREPARED FOR GRADE 1?**

My name: \_\_\_\_\_

Today's date: 20\_\_/\_\_\_\_/\_\_\_\_

Date of birth : \_\_\_\_/\_\_\_\_/\_\_\_\_

Chronological age: \_\_\_\_\_

My big school's name is: \_\_\_\_\_

		Month .....		Month .....	
		Year .....		Year .....	
		YES	NO	YES	NO
<b>GENERAL</b>					
1.	I know what my name looks like.				
2.	I can write my name (begin with capital letter, the rest lower case).				
3.	I know how old I am.				
4.	I know when it is my birthday.				
5.	I know my telephone number.				
6.	I know my address.				
7.	I can bath and dress myself.				
8.	I don't need help going to the toilet.				
9.	I can put my socks on and tie my shoelaces.				
10.	I can eat with a knife and fork.				
<b>NUMBER SKILLS</b>					
1.	I can count 10 beads, buttons, blocks etc.				
2.	I am able to divide 6 sweets between my mom and myself, so we each have an equal share.				
3.	I have 3 sweets and I am given 3 more, I know how many I have altogether.				
4.	I can write the numbers 1 – 10.				
5.	I can count from 1 to 10 in the correct order.				
<b>BODY AWARENESS</b>					
1.	I can name the different parts of my body.				
2.	I can distinguish between the left and right parts of my body e.g. I can touch my right ear with my left hand.				
3.	My left/right hand is dominant or I prefer using my right/left hand.				
4.	I prefer using my right/left foot.				
5.	I know and understand concepts like top/bottom, front/back, next to, right side/left side.				
<b>POSTURE</b>					
1.	I can sit in the correct position at a table when reading and writing.				
<b>VISUAL ACUITY</b>					
1.	My eyes have been tested this year.				
<b>GROSS MOTOR DEVELOPMENT</b>					
1.	I like swinging and climbing on a jungle gym.				



		Month .....		Month .....	
		Year .....		Year .....	
		YES	NO	YES	NO
	(pictures from a magazine).				
6.	I can do a 30 piece puzzle with ease.				
7.	I can remember 5 objects after only seeing them for 10 seconds.				
	<b>HEARING</b>				
1.	My hearing has been tested this year.				
	<b>SPEECH DEVELOPMENT</b>				
1.	I can pronounce all the speech sounds including the “r” and “s” sounds.				
2.	I can pronounce all the speech sounds without replacing them with other sounds e.g. “tat” instead of “cat”.				
	<b>LISTENING SKILLS</b>				
1.	I can remember five numbers in the correct order.				
2.	I can retell a story with twelve facts, in the correct sequence.				
3.	I can carry out 4 simple tasks in order e.g. stand up, turn around, clap your hands and jump twice.				
4.	I can hear if words have the same or a different sound e.g. man/pan, rat/sat.				
5.	I can clap out the syllabus of a word e.g. ba-na-na.				
6.	I can hear the first and last letters in a word e.g. man – begins with “m” and ends with “n”.				
7.	I can put two words together to make one word e.g. sun and shine – sunshine.				
8.	I can identify and add my own rhyming words e.g. which other words sound like cat e.g. hat, fat, mat, rat.				
	<b>LANGUAGE DEVELOPMENT</b>				
1.	I know the 4 seasons of the year.				
2.	I can name the days of the week in the correct order.				
3.	I use words like behind, in front, on top etc.				
4.	I use all the pronouns correctly e.g. his, her, hers, he, she.				
5.	I can use more complex sentences like “The good little girl is playing with her doll”.				
6.	I use about 7 words in a sentence when talking.				
7.	I can use adverbs e.g. because, but, and, now, so.				
8.	I understand the use of singular and plural e.g. one and many, cat and cats.				
9.	I understand and use the following concepts more/less, before/after, little/lots, least/most, first/second/third. (Circle the ones you use.)				
10.	I can tell stories with a definite beginning, middle and ending.				
11.	I can remember rhymes and riddles.				

		Month .....		Month .....	
		Year .....		Year .....	
		YES	NO	YES	NO
<b>EMOTIONAL DEVELOPMENT AND SOCIAL SKILLS</b>					
1.	I don't usually cry, if I can't get my own way.				
2.	I can wait my turn.				
3.	I share my toys with others.				
4.	I know I can't take something to eat, if it does not belong to me.				
5.	I can spend time at a friend's house without my mother.				
6.	I will stay with a responsible adult if my mother asks me to.				
7.	I enjoy making new friends and playing with them.				
8.	I am not afraid to talk to adults.				
9.	I will participate in games, even if it is not the one I would have chosen.				
10.	I don't hurt smaller children.				
11.	I can say "NO" if someone wants me to do something I do not like.				
12.	I can make plans and solve my own problems e.g. if a toy gets broken or lost.				
13.	I can sit still for at least 10 min. while listening to a story, watching television or playing a game.				
14.	I usually pack my toys away without having to be reminded.				
15.	I put my hand in front of my mouth when I sneeze, cough or yawn.				
16.	I always try to remember to say "please" and "thank you"!				